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that we can get in deeper touch with our

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single greatest asset: ourselves.

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Using Dreams and Active Imagination for Personal Growth

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Since that inner person is part of you, its qualities are also yours. So long as you are facing your negative and immature traits squarely, you also have a duty to acknowledge the fine qualities in yourself, and to live them consciously.”
— Robert A. Johnson, Inner Work: Using Dreams and Active Imagination for Personal Growth

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Dr. Robert A. Johnson is a Jungian analyst in the United States. He began his analytical training at the Jung Institute in Zurich, Switzerland the year it opened (1947) and had personal training with Dr. C.G. Jung, Mrs. Emma Jung and some of Dr. Jung's original students. For some years he was a Benedictine monk in the Episcopal Church (Anglican Communion) and he also studied at the Sri ...

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